

Jr. / Sr. High Physical Education

Blizzard Bag

Student Name-_____

Date-_____

Choose one of the following physical activities to do for at least 30 minutes.

Parent please sign paper stating what was performed.

1)- Shovel snow at home or neighbors_____

2)- Clean room at home_____

3)- Go to Kids America and complete 30 minutes of activity_____

4)-Name a chosen activity participated in_____

Parent Signature_____