

Jr. / Sr. High Physical Education-Mr. Arney

Blizzard Bag #1

Student Name-_____

Date-_____

Choose one of the following physical activities to do for at least 30 minutes.

Parent please sign paper stating what was performed.

1)- Shovel snow at home or neighbors _____

2)- Clean room at home _____

3)- Go to Kids America and complete 30 minutes of activity _____

4)-Name a chosen activity participated in _____

Parent Signature _____